

# Cold Camping Check list of Equipment for a Scout.

Beside the normal gear to bring for a campout remember the following for cold weather

- ❑ Bring a winter sleeping bag
- ❑ Long-sleeved shirt
- ❑ Long pants (fleece or wool)
- ❑ Sweater (fleece or wool)
- ❑ Long underwear (polypropylene)
- ❑ Hiking boots or sturdy shoes
- ❑ Socks (wool or synthetic)
- ❑ Plastic bags for you feet inside your boots and helps keep your feet when sleeping
- ❑ Warm parka or jacket with hood
- ❑ Stocking hat (fleece or wool)
- ❑ Mittens or gloves (fleece or wool) with water-resistant shells
- ❑ Wool scarf
- ❑ Rain gear
- ❑ A small towel in case something gets wet
- ❑ Extra underwear (for longer trips)
- ❑ **Bandana.** “In the cold, your nose tends to run. To keep your mittens, sleeves and jacket clean and snot-free, use the bandana to wipe your nose.”
- ❑ **Headlamp.** “Daylight is short in the winter, and using a headlamp allows you to use both hands when you do anything from cooking to eating to searching for something in your pack. Plus, if you put your metal mini-Maglite in your mouth when it’s really cold, it’ll freeze to your tongue or lips instantly — ouch!”
- ❑ **You can reference the following website for other information about cool camping and camping in general.**  
<https://scoutlife.org/wp-content/uploads/2014/04/cold.pdf>